

# Yoga Center of Carmel Discussion Evenings

Facilitated by  
**Ron Barton MDiv**

Join us to explore and discuss a book of memories and reflections on joy and grief, friendships and challenges, in which Mark Nepo illuminates how the life of the soul is shaped every day.

## The One Life We're Given by Mark Nepo



photo by RGB

**Wednesday Evenings 7:30~9:00pm**

**February 7, 14**  
**February 21 No Class**  
**February 28**

**Mark Nepo** has been clearing a path of spiritual inquiry for more than 40 years. A cancer survivor, he devotes his writing and teaching to the journey of inner transformation and the life of relationship.

Join us for any or all of these evenings.  
No advance registration necessary. Just drop by...  
By Donation. \$10 suggested, or whatever works for you.



**Ron Barton**, MDiv, brings a life-long passion for the Discussion Group as a medium for the transmission of wisdom. He has facilitated Discussion Groups in the fields of Contemporary Spirituality and the Arts. He has witnessed the power and the beauty of people sharing their stories in the context of mutual acceptance and appreciation, and with exposure to the great teachers of many traditions and the art, poetry and music of the ages. For information contact Ron at [ronbartoncarmel@live.com](mailto:ronbartoncarmel@live.com)

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